

PLANNING CORSI

CORSI SOSPESI DAL 1/08 AL 23/08

LUNEDI'

10:00 – max 4 pers.
Fitball Tone

18:00 – max 4 pers.
Pilates Advanced

19:00 – max 4 pers.
Pilates Reformer

MARTEDI'

10:00 – max 4 pers.
Pilates Reformer

18:00 – max 4 pers.
Circuit Training

MERCOLEDI'

13:00 – max 10 pers.
GAG OUTDOOR

18:00 – max 4 pers.
Pilates Reformer

19:00 – max 4 pers.
Pilates Advanced

GIOVEDI'

18:00 – max 4 pers.
Pilates Advanced

19:00 – max 10 pers.
Spartan Training
OUTDOOR

19:00 – max 4 pers.
Pilates Matwork

VENERDI'

SABATO

DOMENICA

Romans Club – www.romansclub.com

PER TUTTI I CORSI È RICHIESTA LA PRENOTAZIONE

Planning valido dal 13/07 al 31/07